



Revised and Expanded Edition
Beyond the Flower of Life
Advanced MerKaBa Teachings, Sacred Geometry, and the
Opening of the Heart

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NEW BOOK ANNOUNCEMENT

A Workbook to Elevate Your Activated MerKaBa Field, Open the Heart, and Access the Higher Self to Manifest Success, Health, and Happiness

Through teaching MerKaBa and Advanced Flower of Life workshops to thousands of students around the world since 1995, Maureen J. St. Germain has developed and channeled specific methods to enhance your meditation practice. In this step-by-step workbook, she shares tools, techniques, and knowledge to strengthen your heart connection, develop a relationship with your Higher Self, and elevate and program your MerKaBa field to manifest success, health, happiness, and higher consciousness.

She begins by explaining what the MerKaBa is: a fifth-dimensional Light Body activated from the geometric energy field that exists around the body. She shows how activating it daily produces its permanent existence. Sharing toning, chanting, and heart-opening practices, Maureen explains a precise protocol for fully and reliably connecting with your Higher Self, which will allow you to go through life fearlessly and confidently. She explores how to write programs for your MerKaBa and how to create surrogate MerKaBas for specific purposes. She also looks at paranormal experiences resulting from an activated MerKaBa, the power of Earth ley lines, the Christ Consciousness Grid, and how to marry the ego to the Higher Self to create Heaven on Earth.

An updated resource for meditation practitioners and anyone who wishes to improve their connection with their divinity, this new edition of *Beyond the Flower of Life* provides a path to open your heart, fearlessly embrace unconditional love, access the Higher Self, and activate a multidimensional understanding of reality.

Author Bio: Maureen J. St. Germain is the founder of Transformational Enterprises and Akashic Records Guides International. An internationally recognized teacher and intuitive, she is also the author, musician, and producer of more than 15 guided-meditation CDs. She is the author of 6 books, including *Waking Up in 5D* and *Opening the Akashic Records*, and lives in New York City. <https://maureenstgermain.com/>